

11/2/2020

Mission Handbook

Mbala Mission

"Every true Christian will possess a missionary spirit, for to be a Christian is to be Christlike. No man liveth to himself, and "if any man have not the Spirit of Christ, he is none of His." Everyone who has tasted of the powers of the world to come, whether he be young or old, learned or unlearned, will be stirred with the spirit which actuated Christ. The very first impulse of the renewed heart is to bring others also to the Saviour." 5T 385.4

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IMPACT MISSIONARY MOVEMENT

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1.0. Overview of Impact

IMPACT Missionary Movement is an organization which was organized for the sole purpose of preaching the gospel of the kingdom to all the earth with urgency, power, zeal and enthusiasm. This movement was founded by young Seventh-day Adventists in Lusaka, Zambia, on the 6th of October 2008, in response to the command of the Lord Jesus Christ in verses 19 and 20 of the 28th chapter of Matthew which commands all to *'Go ye therefore, and teach all nations, baptizing them in the name of the Father, and the Son, and the Holy Ghost: teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen'* (KJV).

In the same vein, Inspiration further encourages to be co-labourers with God in soul winning as members of the church as shown in the following quotes: -

"The church is God's appointed agency for the salvation of men. It was organized for service, and its mission is to carry the gospel to the world. From the beginning it has been God's plan that through His church shall be reflected to the world His fullness and His sufficiency. The members of the church, those whom He has called out of darkness into His marvellous light, are to show forth His glory." Acts of the Apostles, 9.





"We are bidden to go forth as Christ's messengers, to teach, instruct, and persuade men and women, to urge upon their attention the word of life. And to us also the assurance of Christ's abiding presence is given. Whatever the difficulties with which we may have to contend, whatever the trials we may have to endure, the gracious promise is always ours, "Lo, I am with you always, even unto the end of the world." Evangelism, 15.

The movement is involved in conducting door to door bible study, medical check-up, feeding programs, clothes distribution and literature distribution. This handbook has been developed for the mission in Mbala District of Northern Province of Zambia. It is meant to help missionaries in their preparations to ensure adequate preparation and thus making the missionaries equipped for this mission.

2.0. Fact finding report

2.1. Introduction

The sites visited include:

-  Lecheche
-  Kalambo falls (chitambala)
-  Mwabezi
-  Kazuma (riverside)
-  Chela
-  Zombe and
-  Kalekwa

The above mentioned sites which were visited are part of Mbala and Nsunzu Mission District of the Northern Zambia Conference covering the eastern part of Mbala. It is pastored by Pastor Cornelius Kataba (Mbala Mission district) and Pastor John Mutambo (Nsunzu Mission district).

Mbala town is one of the fast growing towns in Zambia with a very rich historical heritage and a lot of tourism sites. It was one of the first towns to be developed before independence and was provincial capital for the then Northern Province which consisted of Muchinga, Northern and Luapula provinces. It has markets and other points that local traders have turned into selling points, with few grocery shops in the CBD. There are schools

and Health centers in town with even a District Hospital and few colleges. But that's not the case with the rural sites which have distant schools and health centers.

The rural sites have a clustered settlement in pocket areas and linear settlements following the road or stream. People stay as extended families in a village and are peasant farmers as their only occupation. The houses are usually made of either; mud and wooden poles and grass thatched roof, or molded burnt bricks roofed with iron sheets. Like any other Zambian village, the locations have cases of witchcraft. There are no police posts or courts of law and order is maintained by an appointed group by the authority, known as "Community Police" and a traditional court presided over by the chief's authority takes verdict on cases.

Generally, the area is a Christian community with very few atheists and believers of other faiths. Most of the adults and teens are seriously into alcohol abuse and drugs. There is basic voice mobile phone network with data in spotted areas, and the area is not connected to the main power supply grid. The major source of power is solar and rechargeable batteries.

2.2. Location and Geographical features

The proposed mission sites are located in Northern Province of Zambia, in Mbala District. The mission sites are about 1,023.8km from Lusaka. Besides Luचेche site, they all rural sites with distances to be put against each site. Kalambo Falls (Chitambala) 67.7KM, Mwambezi 20KM, Kazuma (Riverside) 40KM, Chela 18KM, Zombe 16KM, and Kalekwa 30KM away from Mbala town. Mbala has the highest points in Zambia and mostly mountainous with a lot of distributary streams. The area has sandy soils and clay soil in isolated areas. It's also among the highest rainfall areas in Zambia.

The mission sites are approximately 1070km from Lusaka to the most rural mission sites. About 1040km of the road is tared and 30km is gravel.

2.3. History background

Mbala town is rich with historical heritage as was one of the early town to be developed prior to Zambian independence struggle in 1964. It was formerly called Abercorn. It is believed among the golden aged locals that Abercorn housed one of the first 3 International airports in Africa, with the other two being Cairo and Cape Town.

According the Provincial office, Mbala District is the oldest district in Zambia and was the Administration Capital for North Eastern Rhodesia. The District was first established as Tanganyika district under Central African Authority (C.A.A) in 1890. It was declared a Crown Administration under the British South African Company (BSA) whose offices were called BOMA (British Oversees Military Administration). Originally, the BOMA was established in the area of Chief Zombe on the banks of Luचेche River along Stephenson road because of its suitability for checking slave routes to the east and counter Bemba raids for slaves in the area.

It is formerly known as Abercorn established in 1890. Its name was changed to Mbala District in 1968; the name was derived from a type of spotted bushbuck known as Imbala which was commonly found around Lake Chila. It became a Municipality in 1996.

Mbala District is 1,071 kilometers from Lusaka, the Capital City of Zambia and 167 kilometers from Kasama, the Provincial Headquarters for Northern Province. Mbala District Shares International Boundaries with the Republic of Tanzania in the North, Senga Hill District in the Southeast, Nakonde District in the East and Mpulungu District in the West. Mbala District has a surface area of about 10,832 Square kilometers.

It has a settlement area called “Little Poland” which was a refugee settlement for the Polish as they were running away from Hitler. And sign of appreciation for the refuge given, the grandchildren those former Polish refugees brought together some monies that helped to build the famous “Makanta Inn” which later was used as locust control center. It was later handover to the people of Mbala and today is under Mbala Municipal Council.

It’s also home of Lake Chila where it’s believed the weapons were thrown after the surrender during the world wars and the famous Kalambo Falls among many other historical sites.

Church historical record shows that the last time the church had a public campaign in areas like Chitambala village was in the late 90s which resulted in the birth of the branch that has remind stagnant since then.

2.4. Population

According to the 2010 census, Mbala District had a population of 203,129 people before Senga Hill was made a district on its own. However, following the declaration of Senga Hill as a district Mbala has a population 117,823 of which 58, 064 are males and 59, 759 females .a total growth rate of 3.6 Percent. Mbala District has 8 wards: Nsunzu, Lwandi, Kawimbe, Mwamba, Mwambezi, Kazimolwa Moto Moto, and Intala under 1 constituency.

All the total population of the children eligible to start school only 70 on average successfully enroll for school and 90% of the successful candidates show up for school while 10% that fail to report the two major cited problems are distant to school and lack of funds by the families responsible. Some of the blow the age of 10 are forced to travel about 20km to and from school just to seek education.

About 50% of the Pupils that start school drop out before grade 10 and only 5% maximum manage to make a O-level certificate which represent less than a percent of the children that were eligible to start grade one for that generation.

2.5. Dominant Religions and Churches

The dominant religion is Christianity which is catering for 80% of population. Though most people that claim to be Christian don’t go church and the few that goes to church know little about their church beliefs and Christianity in general. There few pockets of other religions and atheist that is approximated form about 10% of the total population. The most dominant Christian denominations in the area is UCZ. It’s then followed by the Church of God and Catholics.

There are church companies in these areas with memberships ranging between 15 and 30 baptized members in respective sites.

2.6. Political and Economic status

The mission sites are under Mbala district. Mbala is a Municipal Council and it’s under Mbala constituency.

2.7. Local people

Mbala is dominated by the Mambwe and Namwanga people who are were subjects of the Bemba people. It also has few Lungus among other small tribes. These tribes are best known to be good farmers especially of beans and rice (Nakonde). Most of the adults are uneducated and they are peasant farmers.

2.8. Languages

Mambwe and Namwanga are the common languages in the rural sites. Most people understand Bemba because Bemba is widely used even as local language in learning institutions. Very few people speak fluent English, most of those are government workers who are there for work and not the indigenus of the areas.

2.9. Culture

The culture is more like the Bemba culture. Most marry at the tender age and polygamy is widely accepted as normal norm. Most of the men have two wives the one at home and the other at the fishing or hunting camping site where they usually spend about 6 months of the year. Most of the teens drop out school to pursue the garden farming for boys and marriage for girls.

2.10. Accessibility

The rural mission sites are accessible by a gravel road that stretches for about 40Km from Mbala town which urban is within the heart of Mbala town. The grave roads are in a bad state during the rainy season. Those are in a fair state during that are among them Mwambezi and takes about 30 to 40 minutes from Mbala to reach the nearest site. Five of the six rural mission sites are accessible by off road vehicle. The local usually use trucks and motor bicycle to access the area and bicycles as the mode of the transport with the area.

2.11. Sources of Basic Needs

2.11.1. Water

Main source of domestic used water in the rural sites are streams.

2.11.2. Foods

The staple food of the area is Nshima that is product of the maize and cassava meal and there is a lot of Beans. Being in the garden farming, the area offers a lot of greens that local people often enjoy.

2.11.3. Health

Five of the six rural sites have no health post in the areas, one health center which operates 5 days and have some on standby on weekend in case of emergency. There are only 6 health personnel to cover the population of over 1000 people.

Malaria is the most prevailing disease claiming a lot of lives the last 12 months and standing as the highest killer for 10 years. Other suspected health disease include water related illnesses.

Most of the adults' drink and some drug addicts, mortality rate current standards estimate 30%, and Life expectancy estimate by the local people is 45 years.

2.11.4. Education

The urban site has Colleges, Secondary and Primary schools in the area; but that is not the case with the rural sites, with only 1 having a community School within the said village ,2 have schools in the neighboring villages (about 5KM away).

3.0. Ethics

3.1. Code of ethics

3.1.1. Preamble

This code of ethics is provided to establish for the movement herein named IMPACT Missionary Movement a standard of professional, spiritual, social/ethical conduct all the missionaries. It shall be regarded as covering all Missionaries that are registered under the movement both within and outside Zambia.

This is in view of the fact that Impact Missionary Movement has in its objectives a very solemn vision of carrying the message of Christ the coming King to the entire world hence the need to strictly observe these simple but

important guidelines. The matters listed are those upon which guidelines may be needed, however, will not be limited by those matters in the code.

3.1.2. General conduct

- I. All Missionaries going on mission shall be required to study and be familiar with the Culture and traditional practices of the area to be ventured into so as not to offend them through inadvertently going against the norms of that society e.g. politeness (always smile), kneel when talking to adults, mind wearing of trousers without outer covering like chitenge, avoid shouting or talking on top of your voice; all in all, mind your behavior at all times.
- II. The work of a missionary requires that one leaves self behind and embraces the common good of all and so each Missionary will ensure that they live unselfishly and at peace with fellow missionaries and esteem others more than themselves –Philippians 2:3,4 John 15:12,17, John 13:34,35
- III. All missionaries shall endeavor to make strong social ties with the community in which they will operate so that by so doing win confidence and this eventually will bring about acceptance of the message when preached-1 Peter 2:17, Romans 12:10,18
- IV. Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, "Follow Me."--The Ministry of Healing, p. 143.
- V. All Missionaries shall obey the 'One voice' as the voice of God through the person(s) who will be tasked to lead the mission –John 10:27, Jeremiah 42:6, Hebrews 13:17. Thus all necessary instructions shall come through the designated person and these shall act as guidelines to be followed by all missionaries on mission.
- VI. All missionaries participating in a Mission shall adhere to the Non-dating policy. This shall serve as a guideline for determining and limiting the kind of relationships missionaries shall maintain with both client and fellow missionary-Colossians 3:5, 6
- VII. We have only one mission on mission and that is to 'save souls' not to gratify our selfish desires. Nothing that shall even remotely shift our focus of the mission is to be entertained.
- VIII. All Missionaries shall work together as a team in order to maintain oneness of purpose and Spirit, Phil 2:2,5, Romans 15:6, Acts 4:32 19
- IX. Missionaries shall observe strictly all rules set such as sleep and wake-up times, never to walk alone when going anywhere away from the campsite, not doing anything one is not told to do, wearing of uniforms at all times as a form of identification and protection, diligently carrying out duties without complaining and any such rules as the team leaders will deem fit for the prevailing situation.

3.2. Mission rules

'Even though the rules and regulations seem needlessly exacting, be obedient to them; for you may err in your experience. Do your very best in everything you undertake. Jesus is your Saviour, and rely upon Him to help you day by day, that you may not sow tares, but the good seed of the kingdom.' Fundamentals of Christian Education, 301-302




All rules are obligatory and must be followed. Mission rules are drawn from principles of Christian standards of behaviour and are to aid in furnishing missionaries into trained soul-seeking Disciples of Christ! All mission rules are to help each team in working towards the purpose of spreading the Gospel through word and raw example of lifestyle.

1. No solitary movements. Must be with a partner at all times.
2. No loitering after lights out (21:40 or 9:40 pm). Everyone is expected to be sleeping.

3. No murmuring.
4. See the departmental leader for any concerns.
5. All concerns are to be brought to leaders in confidentiality.
6. No electronic or entertainment devices (iPods, mp3s, cell phones, playing cards, etc.).
7. All food must be handled by the catering department. No personal food allowed.
8. No eating in the field at clients' places.
9. Uniforms must be worn at all times for easy identification.
10. Females are to wear a chitenge (sarong) at all times.
11. Males are to wear dark coloured trousers.
12. Jeans are to be plain, and not fancy.
13. No shorts allowed.
14. No make-up.
15. No jewellery and nail polish.
16. No wigs or other extensions.
17. Report to departmental leader if unable to perform any duty.
18. Do not make promises to clients.
19. No hugging between opposite sexes.
20. Any immorality or dating will result in instant dismissal.
21. No sharing of clothes between males and females.
22. Must keep time. Failure to do so will attract punishment.

3.2.1. Items not allowed

Please do not bring the following:

-  cell phones (unless you are a group leader)
-  iPods, mp3's, expensive items, entertainment devices of any sort,
-  Make-up, jewelry, flashy hair pieces, nail polish, hair dryers, hair straighteners, and tight sleeveless low-neck shirts or any articles of clothing that do not comply with mission dress code.

3.3. Mission ethics

This will guide missionaries on their conduct while on a typical mission even though every day in a missionaries' life is ideally a mission and thus there should be no disparity in behaviour when home or away from home. The following shall be observed on mission;

1. All Missionaries going on mission shall be required to study and be familiar with the Culture and traditional practices of the area to be ventured into so as not to offend them through inadvertently going against the norms of that society e.g. politeness (always smile), kneel when talking to adults, mind wearing of trousers without outer covering like chitenge, avoid shouting or talking on top of your voice; all in all, mind your behaviour at all times.
2. The work of a missionary requires that one leaves self behind and embraces the common good of all and so each Missionary will ensure that they live unselfishly and at peace with fellow missionaries and esteem others more than themselves –*Philippians 2:3,4 John 15:12,17, john 13:34,35*
3. All missionaries shall endeavour to make strong social ties with the community in which they will operate so that by so doing win confidence and this eventually will bring about acceptance of the message when preached–*1 peter 2:17, Romans 12:10,18*
4. *Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, "Follow Me."--The Ministry of Healing, p. 143.*
5. All Missionaries shall obey the 'One voice' as the voice of God through the person(s) who will be tasked to lead the mission –*John 10:27, Jeremiah 42:6, Hebrews 13:17*. Thus all necessary instructions shall

come through the designated person and these shall act as guidelines to be followed by all missionaries on mission.

6. All missionaries participating in a Mission shall adhere to the Non-dating policy. This shall serve as a guideline for determining and limiting the kind of relationships missionaries shall maintain with both client and fellow missionary-**Colossians 3:5, 6**
7. *We have only one mission on mission and that is to 'save souls' not to gratify our selfish desires. Nothing that shall even remotely shift our focus of the mission is to be entertained.*
8. All Missionaries shall work together as a team in order to maintain oneness of purpose and Spirit, **Phil 2:2,5, Romans 15:6, Acts 4:32**
9. Missionaries shall observe strictly all rules set such as sleep and wake-up times, never to walk alone when going anywhere away from the campsite, not doing anything one is not told to do, wearing of uniforms at all times as a form of identification and protection, diligently carrying out duties without complaining and any such rules as the team leaders will deem fit for the prevailing situation.

3.4. Requirements

The following are required for participation on mission. Each of these items is crucial for the work to run smoothly and will be used daily. Each missionary is expected to take full responsibility for his or her own belongings, which altogether should be **less than 15 kg** in weight.

1. Bible (preferably local language)
2. Thorough memorization and understanding of Adventist doctrines
3. Hymn book
4. Notebook + pen
5. Warm sleeping bag
6. Personal water bottle
7. Wrist watch
8. Warm clothing (jerseys, socks, head sock, scarf, etc.)
9. Gum boots
10. Flashlight
11. Toiletries (soap, toothbrush, towel, etc.)
12. Comfortable walking shoes
13. Special medication (for those with special illnesses)
14. Mosquito net/repellent
15. Un-scented or no deodorant (strong scents are not permitted)
16. IMPACT T-shirt
17. Mission-appropriate bottoms*
18. Commitment fee (for this mission K250)

3.5. Dealing with hiccups

3.5.1 Encouragement

When you encounter any problem, any discouragement or have any suggestion etc. make sure to put it before our Heavenly Father before taking any action at all. This will help resolve a multitude of problems before they develop into problems. God is our Strength and Shield, an ever present Help in time of need. *Psalms 28:7 'The LORD [is] my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him' Psalms 46:1 '...God [is] our refuge and strength, a very present help in trouble.'* Everybody is requested to read the last chapter of Ministry of Healing 'In Contact with Others'.

3.5.2 One Voice (Explained)

This is the overall mission leader. This does not mean that they are a 'dictator' and it doesn't mean that they are to be 'soft' and be people pleasers. Theirs is to ensure we share a common vision whilst on mission and achieve that vision in a godly and unified manner. Please table whatever suggestions or concerns you have with them but do not expect them to always act on your recommendations or suggestions. They may forget a few things and miss the mark here and there, bear with them.

3.5.3 Feeling Un-prepared and incapable of doing the work before you

As much as neglect of study and personal preparation is inexcusable, such thoughts/feelings should always lead us to our knees as we indeed realize that this work is futile in our own strength. But the work is The Lord's and it is He who will bring it to completion. Ours is to yield ourselves to Him fully that He might do a great and exceedingly beautiful work. Remember, it's all about God!

3.5.4 Feeling low

Sing, remember God's goodness and my "suffering" compared to Christ's suffering

3.5.5 Feeling tired

- ☞ Drink water, if I really needed a break, I would ask somebody to help so I could rest a bit.
- ☞ Keep in mind that we are labouring for Christ and that He will supply our strength; Isaiah 40:31

3.5.6 Disappointment in leader (lazy, dictatorial, not -serious, uncompassionate etc.)

- ☞ He/she is learning, just like you are. Be patient with them and always remember that the manner in which you respond to/treat them will greatly affect their learning process. Rebellion/antagonism will not help the situation in any way.
- ☞ Always remember 'We cannot afford to let our spirits chafe over any real or supposed wrong done to ourselves. Self is the enemy we most need to fear. No form of vice has a more baleful effect upon the character than has human passion not under the control of the Holy Spirit. No other victory we can gain will be as precious as the victory gained over self. We should not allow our feelings to be easily wounded. We are to live, not to guard our feelings or our reputation, but to save souls. As we become interested in the salvation of souls we cease to mind the little differences that so often arise in our association with one another. Whatever others may think of us or do to us, it need not disturb our oneness with Christ, the fellowship of the Spirit. "What glory is it, if, when ye be buffeted for your faults, ye shall take it patiently? But if, when ye do well, and suffer for it, ye take it patiently, this is acceptable with God." **1 Peter 2:20.**'The Ministry of Healing pg. 385

3.5.7 Disappointment in team

- ☞ Ask counsel and prayer from those more experienced than you
- ☞ Remember Jesus and the disciples and all the internal disputes they had even with Jesus in their midst.
- ☞ Remember that I have a responsibility because I have seen the problem.
- ☞ Jesus is here with us, everything will turn out fine. The storm is temporary.
- ☞ Time/schedule-keeping (importance of, especially as a TEAM member).
- ☞ Remember that you do it to manifest excellence and you do it for the sake of the team.
- ☞ Your spending more time (especially UNNECESSARILY) on one program or with one 'contact' will rob time from another activity/contact.

3.5.8 Dealing with internal issues in group (arguments, gossip)

- 📖 Speak to God before doing or saying anything about the situation.
- 📖 Speak directly to the individual (praying and speaking in a Christ-like manner)
- 📖 Apply the principles in Matthew 18:15-17 'Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother. But if he will not hear [thee, then] take with thee one or two more, that in the mouth of two or three witnesses every word may be established. And if he shall neglect to hear them, tell [it] unto the church: but if he neglects to hear the church, let him be unto thee as a heathen man and a publican.'
- 📖 Never complain to another about it.

3.5.9 Other members of the team (esp. Leaders) don't seem to be working hard

Enough

- 📖 Do not be discouraged. We are all in the process of learning and you very well may not have seen the abundant work those individuals did when not in your presence. It never helps to measure ourselves against one another but rather to look to Christ as the only true 'yardstick' and the only 'Righteous Judge' of men's motives, energies and commitment. Ours is to do all that Christ constrains and enables us to do.

3.5.10 You don't agree with the decision that has been made

- 📖 This happens quite often especially in matters concerning opinions. The best way to deal with this is to pray about it and then speak to the 'relevant' leader in an appropriate manner. Explain why you disagree and allow them a chance to respond to your concern. Explain from Biblical Principle why that action is inappropriate. If it is a matter of opinion, it may be best in the interest of unity to go ahead with the decision that has been made
- 📖 *'It is necessary that our unity today be of a character that will bear the test of trial. . . . We have many lessons to learn, and many, many to unlearn. God and Heaven alone are infallible. Those who think that they will never have to give up a cherished view, never have occasion to change an opinion, will be disappointed. As long as we hold to our own ideas and opinions with determined persistency, we cannot have the unity for which Christ prayed.'* {CET 203.2}

3.5.11 Behavioural modesty between sexes (when you're confused or having a hard time with this)

- 📖 Keep distance in order to not start desiring affection which is a distraction
- 📖 Shun all 'appearances of evil' and relinquish what may be considered your 'liberties' for the sake of a weaker brother/sister whose focus may be diverted

3.5.12 "Finding" the "one" on mission

- 📖 Only focus on mission 'The pleadings of affection and love, the yearnings of friendship, will not move you to turn aside from truth and duty; you will not sacrifice duty to inclination.' Messages to Young People page 437.
- 📖 Keep in mind our purpose for being on mission and shun ALL that may divert our attention from the mission (whether or not it is a good thing).
- 📖 Remember to treat EVERYONE the SAME (no special attention to certain individuals).

4.0. Programming

4.1 Daily routine (activity)

- 🕒 04:50 Wake-up Call
- 🕒 05:00 – 05:40 Group Devotion and prayers
- 🕒 05:40 – 06:10 Personal Devotion
- 🕒 06:10 – 06:30 Exercise
- 🕒 06:30 – 07:00 Personal Field Preparation
- 🕒 07:00 – 07:40 Meal I: Breakfast
- 🕒 07:40 – 08:00 General Clean Up
- 🕒 08:00 – 08:30 Field Lesson
- 🕒 08:30 – 08:40 Prayer
- 🕒 08:40 – 15:10 Field Work
- 🕒 15:10 – 16:00 Meal II: Lunch
- 🕒 16:00 – 16:30 Public Campaign Preparation & Consecration
- 🕒 16:30 – 17:30 Baptism Class, Bible Study & Children’s Program
- 🕒 17:30 – 18:00 Song Service
- 🕒 18:00 – 18:35 Welcome, Q&A, Health Talk
- 🕒 18:35 – 18:45 Special Feature (including Children’s Story)
- 🕒 18:45 – 19:50 Evening Sermon
- 🕒 19:50 – 20:00 Closing
- 🕒 20:00 – 20:30 Review
- 🕒 20:30 – 20:40 Testimonies
- 🕒 20:40 – 20:50 Group Evening Devotion
- 🕒 20:50 – 21:00 Prayer
- 🕒 21:00 Lights Out

4.2 Activities

There are to be a variety of activities and ministries that are to be used collaboratively to impact the community, believers and missionaries alike.

- I. Door-to-door Ministry: Train young people in personal ministry with strangers by strengthening their social skills, burden for souls and ability to give Bible studies. Minister to the locals’ and missionaries’ spiritual needs by constant discussion and focus on spiritual matters.
- II. Medical Ministry: Proclaim the health message that is the right hand of the gospel (White, Testimonies for the Church, Vol 7, p 50). Offer physical and mental healing for better comprehension of the spiritual. Aid brethren in need (1 John 3:17).
- III. Children’s Ministry: Impute godly principles and the gospel message at a tender age (White, Child Guidance, p 193-194) Train missionaries to simplify and teach the Word in a comprehensible manner.
- IV. Public Campaign: Present and teach the Seventh-day Adventist fundamental beliefs. Lead attendees to making decisions for baptism for Christ.
- V. Community Service: Implement feeding program to offer physical food for a deeper comprehension of the spiritual food and daily dependence on God. Minister to the needs of the community and show pure intentions.

5.0 Team roles

Each team of 8 to 12 members will function together by the pre-organized delegation of duties. There are 11 different major roles that can be undertaken by missionaries. There is no such thing as less significant role. Each role has its own specific duties and responsibilities that are crucial to the smooth and efficient running of this mission. These roles, or sometimes referred to as departments, are described in brief below:

- I. **Team Leader:** Oversees team, program and keeps team accountable for all duties. The team leader acts as the One Voice for the team in decision making as well as representation.
- II. **Secretary:** Takes daily reports and minutes of group meetings. The secretary is also in charge of in-group communication (i.e. announcements for changes, reminders, etc.).
- III. **Treasurer:** Safeguards and spends accountably the funds given to the mission team. The treasurer authorizes all usage of money and keeps meticulous records of all spent.
- IV. **Caterer:** Oversees food storage, food supplies and meal preparation. The caterer ensures that all food is healthy, bought when needed, and cooked on time.
- V. **Spiritual & Evangelism Leader:** Coordinates evangelism, group devotions, prayer partners and other initiatives directly affecting the spiritual well-being of team missionaries.
- VI. **Logistician:** Ensures the safety and proper use of all equipment. The logistician is also in charge of team campground safety and the availability of miscellaneous supplies such as charcoal and water.
- VII. **Community Service & Children's Coordinator:** Implements throughout mission all community service and daily children's programs. This individual may focus on how to best help the community to make them more willing to listen to the gospel.
- VIII. **Health & Safety Coordinator:** Organizes medical and/or health activities such as door-to-door visitations and health talks. The health & safety coordinator also deals with emergencies on mission and oversees team health.
- IX. **Chorister & Time-keeper:** Encourages and ensures good time-keeping in the team as per daily schedule. This individual is to start and end programs on time, organize singing and praise for the Public Campaign as well as group devotions.
- X. **Preacher:** Prepares sermons for the evangelistic series to be timely, relevant and clear. The preacher gives the messages during the evangelistic series in the evenings.
- XI. **Interpreter:** Interprets for the preacher each evening and also acts as a liaison for the locals that may have questions or concerns.

6.0 Departmental guidelines

6.1. Catering department

As the remnant church with the health message, catering is a department crucial to the success and effectiveness of the mission. Not only is the catering department to reflect health principles given by the Bible and Spirit of Prophecy, but it is to ensure that the missionaries are kept healthy and active while on mission.

6.1.1 Principles

These are major principles that the catering department should exemplify while fulfilling duties.

- I. Cleanliness. No refuse should be allowed to remain within or about the encampment, especially the kitchen area. Refer to Deuteronomy 23:14 for encouragement. Perfect cleanliness and careful attention to sanitation in the camp are essential for the prevention of diseases and the cheerfulness and the vigour of the missionaries.
- II. Health. *"It is a sacred duty for those who cook to learn how to prepare healthy food." "After disposing of one meal, the digestive organs need rest. At least 5/6 hours should intervene between the meals and most persons who give the plan a try will find that two meals a day are better than three."* (Ministry of

Healing, Preparation of Food, Diet and Health). Cooking on the Sabbath should be avoided, but it is not therefore necessary to eat cold food. In the cold weather, the food prepared the day before should be heated.

- III. Temperance. Those upon whom rest important responsibilities, those, above all, who are guardians of spiritual interest, should be men (and women) of keen feeling and perception... more than others they need to be temperate in eating.
- IV. Courtesy. Be courteous when serving others. True courtesy must be motivated by love. *“Those who profess to be followers of Christ and are, at the same time, rough, unkind and courteous in words and deportment have not learned of Jesus.”* (Adventist Home, p. 421). *“Unkindness, complaining, and anger shut Jesus from the dwelling.”* (Adventist Home, p.422). *“Pleasant voices, gentle manners and sincere affection that finds expression in all the actions, together with industry, neatness, and economy make even a hovel the happiest of homes.”* (Signs of the Times, Oct 18, 1844).

6.1.2 Duties

This encompasses the major responsibilities of the catering department leader. Allow this to guide, but not limit, your performance.

- 📅 Create a duty Rota indicating who is cooking or washing plates and on which day and meal. Consult with other departments to ensure that there are no clashes.
- 📅 Take stock of things in your department such as plates, cups, etc. and food in store and ensure that all pots, utensils, etc. are brought back intact.
- 📅 Ensure that all ingredients for the next meal are personally handed to the people on duty in the right measure.
- 📅 Monitor and give careful attention to cooking oil, salt, etc. to ensure that they do not run out before their time. *“Temperance is key...using what we have judiciously and carefully.”*
- 📅 Try by all means to stick to the menu due to budget limitations.6. Work hand-in-hand with the logistics department to ensure that the fire is made and that food items are replaced or bought on time.
- 📅 Always record all finances used prior to and on mission. This will make it easier to compile the final catering report. Keep all receipts safe.
- 📅 Constantly check on progress in the kitchen to ensure that time is kept on the preparation of food.
- 📅 Ensure that two basins of water are kept waiting for use during breakfast and lunch periods so that missionaries wash and rinse plates immediately after eating.

6.1.3 Catering Rules

These rules are to ensure that the catering program is run smoothly and fairly for all missionaries. They must be adhered to for they aid in keeping missionaries healthy, vibrant and mission-minded.

- 📅 Pray in front of everyone before allowing food to be served.
- 📅 Always prepare food on time as per schedule (during eating periods).
- 📅 Every group must ensure that all ingredients needed for the food menu are available the day before.
- 📅 Food should be served neither too hot nor too cold.
- 📅 Food should be complete and ready 20 minutes before serving time.
- 📅 Wash dishes immediately after use.
- 📅 Do not mix fruit and vegetables in one meal.
- 📅 Ensure sufficient intake of magnesium-rich foods (millet, sorghum, and grains).
- 📅 Food items should be served 2-3 times a week (not more, not less).
- 📅 Meals should be eaten at time set per schedule.

- ☞ Soy milk should only be considered when eating dry cereal (not for oats or other cooked porridges).
- ☞ Dairy products should not be served. Dairy products (cheese, milk, etc.) are loaded with bacteria and oxidize other foods consumed with, thus contributing to the formation of alcohol in the body.
- ☞ Grains and legumes are to be served daily. They give a complete base of protein and contain all essential amino acids.
- ☞ Include daily the intake of anti-oxidants: seeds (flax, pumpkin, sunflower, sesame, etc.), garlic, ginger, raw red onions, raw tomatoes, lemons, kiwis, papayas, etc.
- ☞ Ensure the team drinks a lot of water. Groups may feel free to try their own combinations of foods or may wish to tweak the menu, BUT this should be regulated by the catering department as per above.

6.2. Medical department

“Medical missionary work brings to humanity the gospel of release from suffering.”(Medical Ministry, p. 239). The medical department exists solely to further the gospel work by presenting Jesus Christ as the Great Physician to those having spiritual, physical or psychological needs. The medical aspect of this mission is to demonstrate Christ’s compassion, teach healthful principles, and allow for experiences of healing that will aid in the comprehension of the spiritual healing the cross offers humanity.

The Seventh-day Adventist church is known for her understanding of the Bible, the prophecy therein and the health message it claims. The Spirit of Prophecy has much counsel to offer on healthful living, hospitals, and the medical mission work. It is clear that Jesus spent most of His three-and-half- year ministry going from town to town, healing. The medical department is to exemplify His ministry and work alongside the mission team.

6.2.1 Principles

These are major principles that the medical department should exemplify while fulfilling duties.

- I. Cleanliness. The children of Israel, along with the Decalogue and outlines for the sacrificial system, were given laws in sanitation. *“Scrupulous cleanliness is essential to both physical and mental health.”* (Child Guidance, p. 108). Personal and household hygiene should be demonstrated and taught. Many infections and life-threatening conditions can be avoided simply by a principled habit of cleanliness.
- II. Compassion. The motivating factor in medical mission work should be compassion. *“Human agents are all too precious to be left without every possible effort on His part for their recovery. In the recovery of every soul, God will realize a peculiar joy.”* (Signs of the Times, January 17, 1896). Compassion should overcome the any unwillingness to minister to those in need and encourage the humble act of serving others.
- III. Faith. Prayers should be ceaseless. The medical missionary’s source of strength and wisdom should clearly be seen. A complete dependence on God should be experienced by both the missionary and the patient. Christ is to be presented as the sole Healer that desires the good of all and one in whom to have faith in.

6.2.2 Duties

This encompasses the major responsibilities of the medical department leader. Allow this to guide, but not limit, your performance.

- ☞ Coordinate and implement a medical screening program or door-to-door visitations program that will work well with the mission and public campaign program.
- ☞ Know where to direct patients with illnesses requiring serious attention. Take note of health centers and their size, capacity and status.

- 🏠 Acquaint yourself well with the medical team and ensure that all roles are clearly communicated and understood by all.
- 🏠 Take record of all medication, supplies and equipment that are to be used and carefully note their quantities and those distributed. Arrange for their safe-keeping.
- 🏠 Create a triaging system, ensuring that no one person is being overcrowded.6. Monitor the medical team's treatment, activities and attitude towards patients.
- 🏠 Work with the community service department to arrange any visits to hospitals.
- 🏠 Monitor the usage of equipment and the distribution of any medication or goods.
- 🏠 Coordinate health talks that are to be included in the public campaign program nightly. Create a schedule of presenters.
- 🏠 Coordinate any other un-planned programs, visitations and/or activities that the medical team can offer and will address a dire need in the community.
- 🏠 Be prepared for any emergencies or illnesses among the missionaries.
- 🏠 Make sure that First Aid is easily accessible at all times.
- 🏠 Have daily activities recorded and the number of patients treated counted.

6.2.3 Medical Rules

These rules are to ensure that the medical program is run smoothly and fairly. They must be adhered to alongside the general mission rules.

1. Each patient must be prayed for.
2. Do not make promises to patients.
3. Take record of all materials, medications or supplies given out.
4. Do not eat in front of patients.
5. Do not allow program to interfere with the public campaign.
6. Do not travel to a patient's home alone.
7. Always notify the group leader of location.
8. Always be gentle and calm when handling patients.
9. Area used must be kept and left clean. Waste must be properly disposed of.
10. Use all medication and equipment as prescribed.
11. Use medication and equipment on patients only.
12. All supplies, medication and equipment are to be handled by the medical team and specially authorized missionaries only.
13. All information received from patients is confidential and shall not be divulged except to those directly involved in consultation or treatment.

6.2.4 Medical station set-up

Below is a possible way of setting up a medical station for an afternoon or day of seeing those needing treatment or counsel.

6.2.4.1 Team

Each medical team is to be comprised to 4-6 individuals: one doctor or medical student, one nurse, one pharmacist and at least two assistants. Each will have their own roles and responsibilities. The program is to be from 14:00 up to the public campaign beginning (allowing enough time for movement to the campaign site). It is to offer basic screening, diagnosis, counselling and medication or antibiotics if possible. Each site may differ in the way this program is carried out. It must be ensured that each member of the team understands how the

program is to be carried out specifically in their area. Each should be well acquainted with the fact-finding report and the prevalent conditions.

6.2.4.2 Medical Stations

There are to be 6 main stations:

- I. Registration. Take down name, age and sex. Give each person a slip to carry to the next station. Take count of the number of attendees. Briefly give instructions on how to move through stations. Take questions and inform about the public campaign. Pray with patient.
- II. Height/Weight. Take the height and weight measurements, calculate the BMI and record on the slip. Inform patient how close or far they are from the healthy range and share any serious concerns.
- III. Blood Pressure. Take and record blood pressure of patient. Check the eyes of the patient.
- IV. Nurse. Take the RBS (blood test). Record results. Do basic check-ups and write down important observations. Check patient for signs of conditions common to area.
- V. Doctor. Diagnose and counsel on next steps. Inform patient of lifestyle changes that are to be made and any preventive measures that could be taken. Prescribe where possible and applicable.
- VI. Spiritual Doctor. Counsel and pray. Give Biblical principles that will aid with personal issues.

6.3. Children's Department

“Suffer little children to come unto Me, and forbid them not: for such is the kingdom of God.” (Luke 18:16). The children's department has the precious task of leading the children's program. This is an important aspect of this mission in that the gospel message can be preached to fresh minds that may still rest untainted by some of life's disappointments and trials. Christ spoke of the importance of having childlike faith and the Spirit of Prophecy has given the Seventh-day Adventist church guidelines on school systems. At this tender age, the mind is open and Christ's love and godly principles can be imputed.

6.3.1 Guidelines

These may help in the development of the daily children's program which may differ from island to island. It usually takes place during the baptismal class time, right before the public campaign.

1. Make a plan and schedule for the children's program complete with the objectives, methods and missionaries involved.
2. Use Bible stories to bring out deep spiritual truths. Children are not too young to understand the deep things of God.
3. Teach them songs that correlate with the lessons shared. Repeat songs often so that children become familiarized with them.
4. Make them memorize many Bible texts. Children have a great memory and most definitely need these words of life imprinted in their minds.
5. Become their friend. Play familiar games with them. Learn their names. Sing, laugh and talk with them. Don't look fatigued or de-energized.
6. Have a good balance between fun activities and discipline. Don't allow to program to get out of control, yet teach them in a gentle way. Ensure that the children are being quiet during the public campaign.
7. Include a feeding program for the children if possible (ex. Sunday afternoons).
8. Start the program at the same time every day. The children will learn to expect the songs and games to begin.
9. Greet parents and guardians whenever possible.

10. Allow the children to present their memory texts, special songs and testimonies during the campaign program or on Sabbaths.
11. Don't speak in a condescending manner, yet speak with authority.
12. Include ladies and gentlemen in the children's program. This will give the children each a male and female role model.
13. Have fun visuals or activities if possible. Let the children make crafts and bring them home.

6.4 Community Service Department

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" (The Ministry of Healing, p. 143) The motivation behind all missionary work is to be the same as the principle that drove Christ: love. True compassion must be shown whilst on mission through all activities. Community service is a crucial part of mission for it will be tangible evidence for locals that will show the intentions of the missionaries. Community service is merely ministering to the needs of the community.

6.4.1 Guidelines

- I. Examine the fact-finding report carefully and discover as much as possible about the community to be reached out to. Use all means possible to pinpoint specific needs that can be attended to by the missionary team.
- II. Coordinate all community service programs. This includes feedings programs, children's programs, hospital visits, medical programs and campaign health talks. The community service department must work closely with the medical, children's and catering departments for all these fall under community service.
- III. Monitor the smooth implementation of all community service activities. Be clear on who will be involved in organizing and participating. Work with the logistics department to plan hospital visits and ensure locations for projects. Ensure all partnering departments are well aware of their responsibilities and the programs well in advance.
- IV. Try, as much as possible, to have the community service programs at the beginning of the mission to lead the community to the public campaign. Do not interfere with or allow the programs to fall into the time allotted for the public campaign. Publicize the campaign as much as possible.
- V. Ensure all budgetary concerns are dealt with in an orderly manner. Speak to the treasurer for more information. Make a list of all materials and equipment used. Ensure that all other departments falling under community service have done their part in equipment and materials listing and monitoring.

6.5 Logistics Department

The logistics department is responsible for the smooth progress of all activities, programs and departments. It works especially close with the catering department, and medical department. Logicians must be able to think creatively and be quick at problem solving. All equipment, electronics, and supplies are in the care of this department.

6.5.1 Duties

- I. Arrange for transport of all materials, food and missionaries.
- II. Work closely with the catering department for meal arrangements or the medical department for medication transport.
- III. Return all receipts from logistics department to treasurer immediately.
- IV. Be well acquainted with mission site, nearby health centres, water pumps and toilets.

- V. Coordinate set up of tents for missionaries and special accommodations.
- VI. Create and monitor a rota for fire preparation, general cleaning and water supply.
- VII. Prepare fire 30 minutes before wake-up call every morning.
- VIII. Carefully monitor use of supplies. Replenish if necessary with allowance given by treasurer.
- IX. Create a rota for equipment carrying to and from public campaign site.
- X. Service and repair of equipment when need be. Tools for these must be carried.
- XI. Ensure sufficient fuel for generators.
- XII. Coordinate transportation and set up of all equipment for the public campaign during preparation time.
- XIII. Ensure the security of missionaries, sleeping site, food, supplies and equipment. Make a rota for missionaries guarding if necessary.
- XIV. Provide necessary arrangements for circumstances where missionaries will have to be transported from one area to another or in the case of emergency or that may result out of disciplinary measures.

6.5.2 Rules

1. Must know how to use, service or repair all equipment involved in mission.
2. Must record and keep account of all equipment before, and after mission and note mission equipment. This report will be handed to the logistics departmental leader.
3. Must be the last one to sleep to check security.
4. Report all serious concern to the Team Leader.

7.0 Reporting

Reporting is very important for the purpose keeping record and for future reference. Hence it is important that this activity be taken serious by all missionaries.

7.1. Personal testimony

Personal testimonies are very important as they help to strengthen the hearers and induce the spirit of mission. Please write your experience during the weeks of this mission. The testimony can include:

- 📖 How were you blessed?
- 📖 Have you grown? What have you discovered about yourself, about God, or about ministry? Is there anything you wish you would have done differently? Were you a faithful labourer in God's vineyard?

7.2. Group/team reporting

group reporting should be done every after an activity, this is because people tend to forget if they postpone reporting, hence each group must choose a secretary who will be responsible for record keeping of the team.

Basically, a group report must have:

- 📖 Names of members of the group
- 📖 Date of reporting
- 📖 Time of activity
- 📖 Activity description
- 📖 Number of members involved in the activity at the time of the activity
- 📖 Positives and/or successes
- 📖 Challenges and failures
- 📖 Recommendation
- 📖 And any other relevant information

GOD BLESS YOU ALL FOR YOU HAVE BEEN SAVED TO SERVE